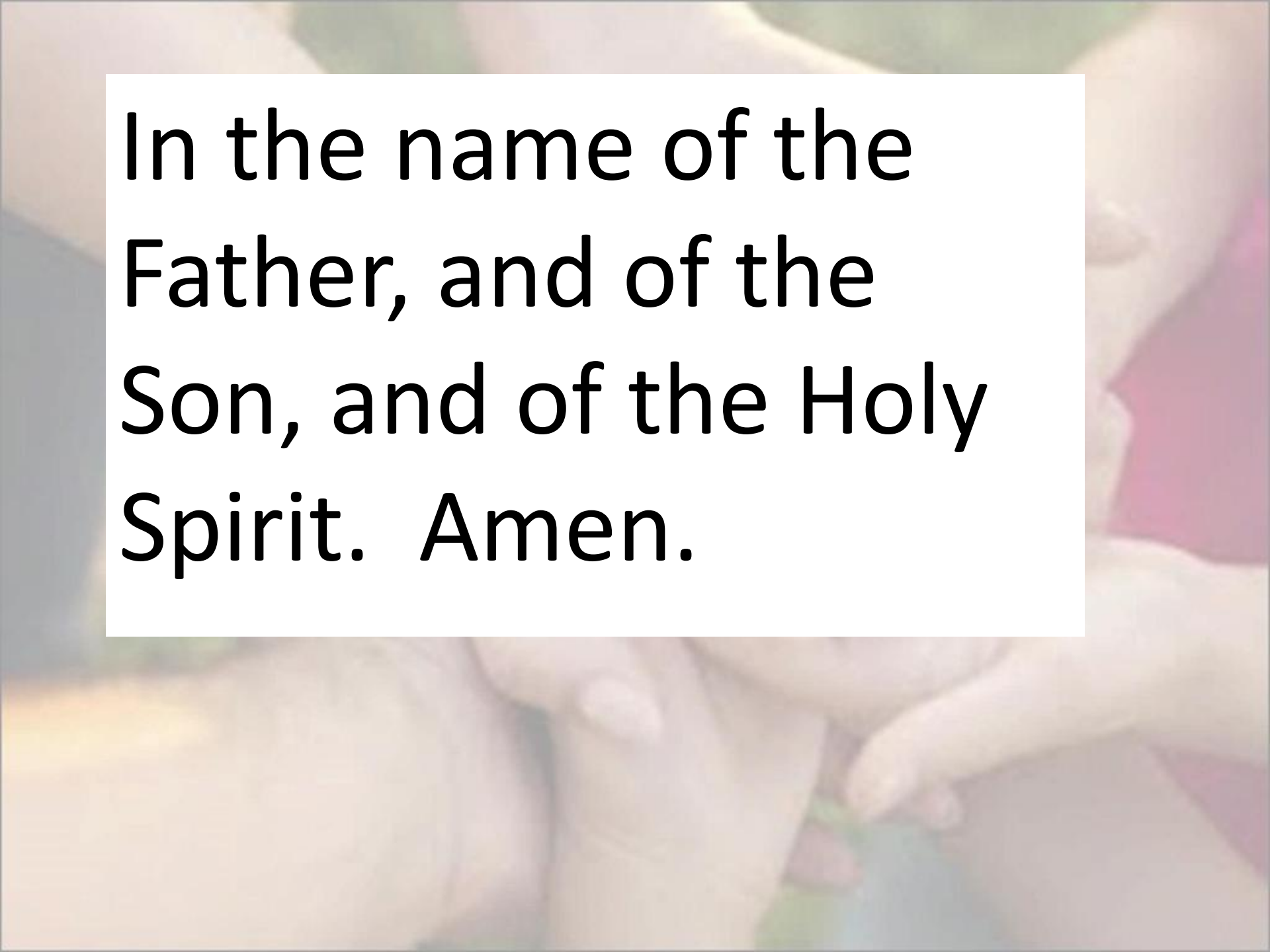


The background of the image is a soft-focus photograph of several hands clasped together in a prayerful gesture. The hands are of various skin tones, and the overall lighting is warm and gentle. The text is centered over a white rectangular area in the middle of the image.

Praying Together



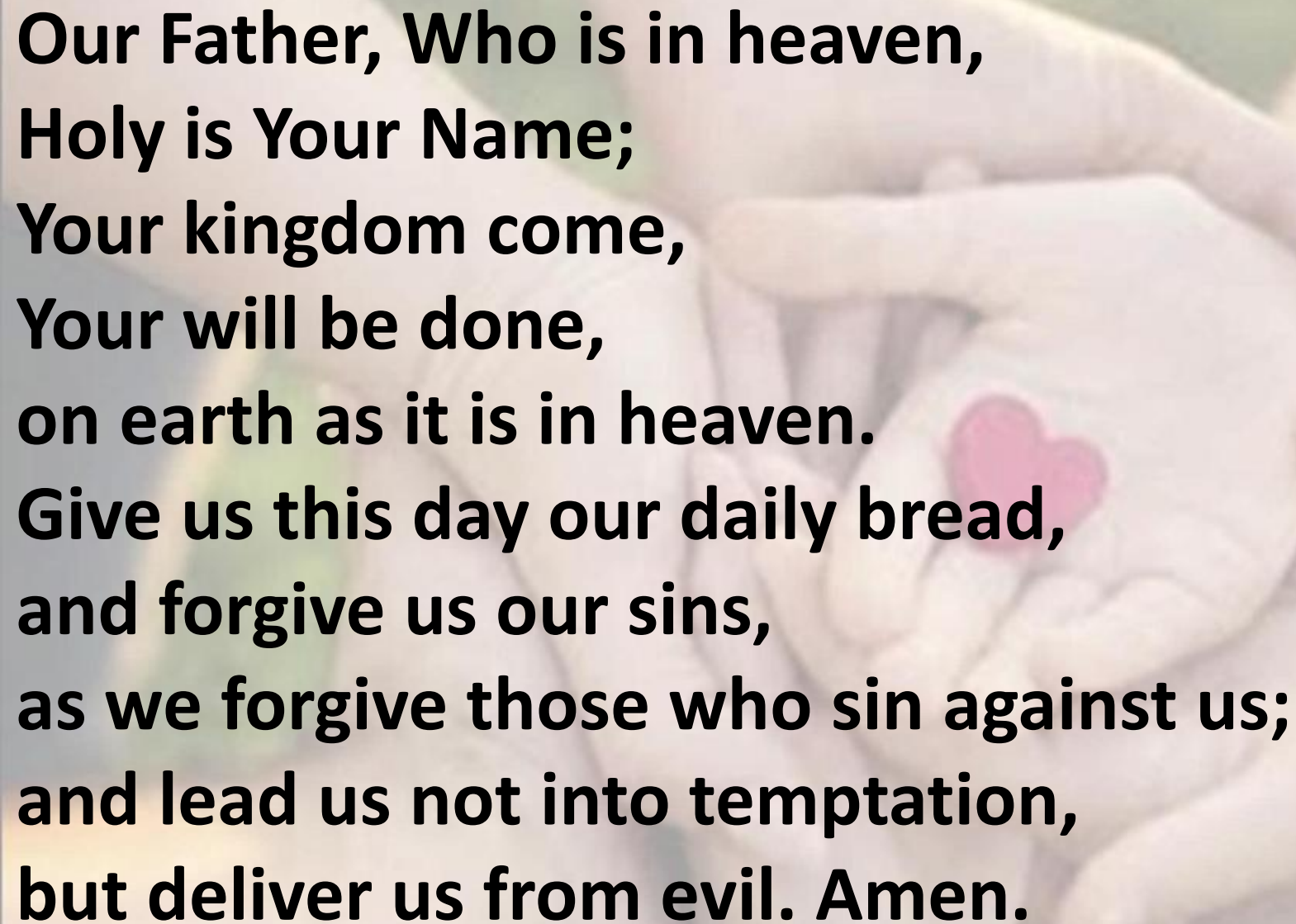
In the name of the
Father, and of the
Son, and of the Holy
Spirit. Amen.



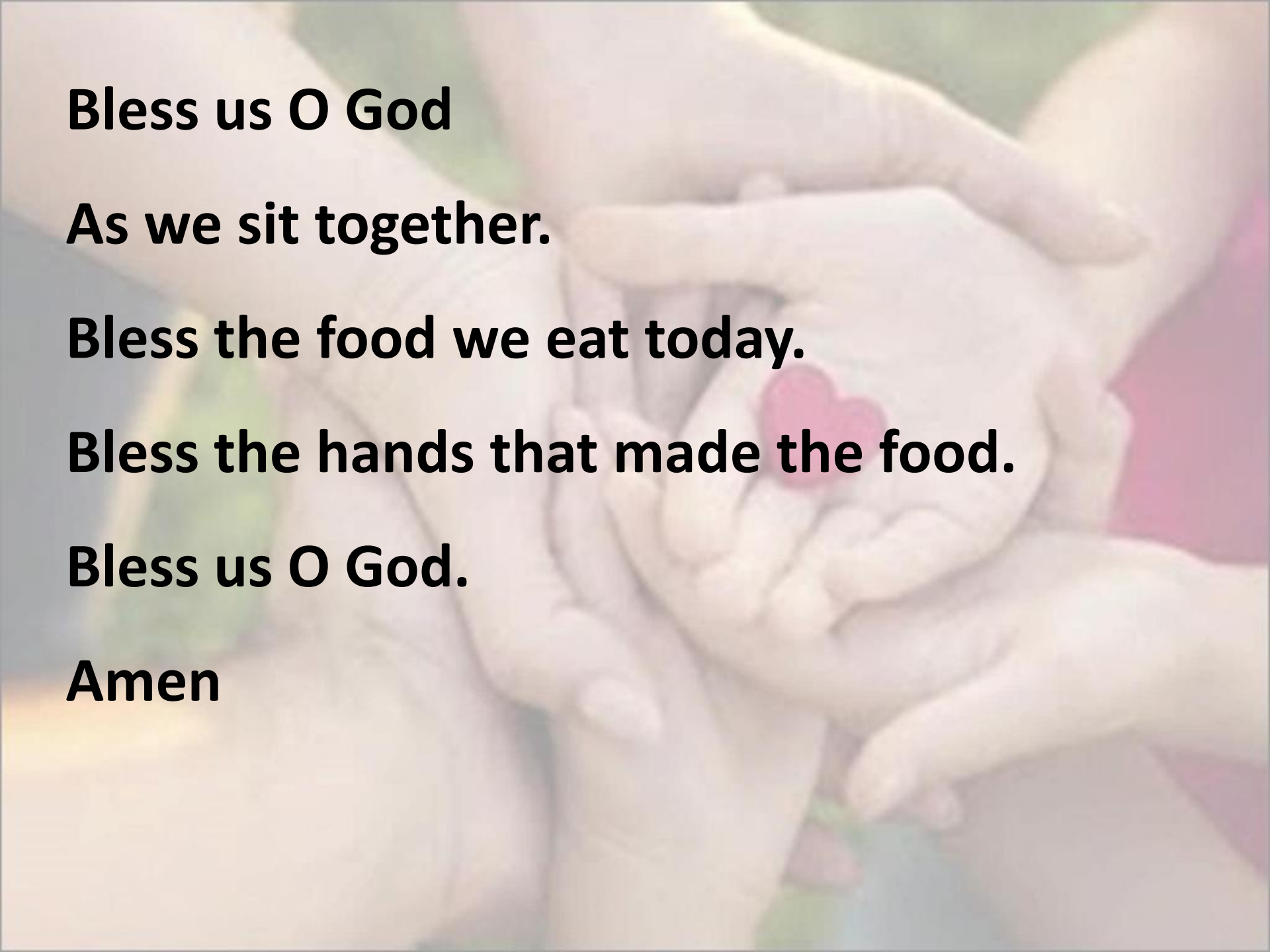
Hail Mary, full of grace.
Our Lord is with you.
Blessed are you among women,
and blessed is the fruit of your
womb, Jesus.
Holy Mary, Mother of God,
pray for us sinners,
now and at the hour of our death.
Amen.

GLORY BE

**Glory be to the Father, and to the
Son, and to the Holy Spirit, as it
was in the beginning, is now, and
ever shall be, world without end.
Amen.**



**Our Father, Who is in heaven,
Holy is Your Name;
Your kingdom come,
Your will be done,
on earth as it is in heaven.
Give us this day our daily bread,
and forgive us our sins,
as we forgive those who sin against us;
and lead us not into temptation,
but deliver us from evil. Amen.**



Bless us O God

As we sit together.

Bless the food we eat today.

Bless the hands that made the food.

Bless us O God.

Amen

The Apostles Creed

A prayer of Faith in the teaching of Jesus and His Church.

I believe in one God, the Father almighty, maker of heaven and earth, of all things visible and invisible.

I believe in one Lord Jesus Christ, the Only Begotten Son of God, born of the Father before all ages.

God from God, Light from Light, true God from true God, begotten, not made, consubstantial with the Father; through him all things were made.

For us men and for our salvation he came down from heaven, and by the Holy Spirit was incarnate of the Virgin Mary, and became man.

For our sake he was crucified under Pontius Pilate, he suffered death and was buried, and rose again on the third day in accordance with the Scriptures.

He ascended into heaven and is seated at the right hand of the Father.

He will come again in glory to judge the living and the dead and his kingdom will have no end.

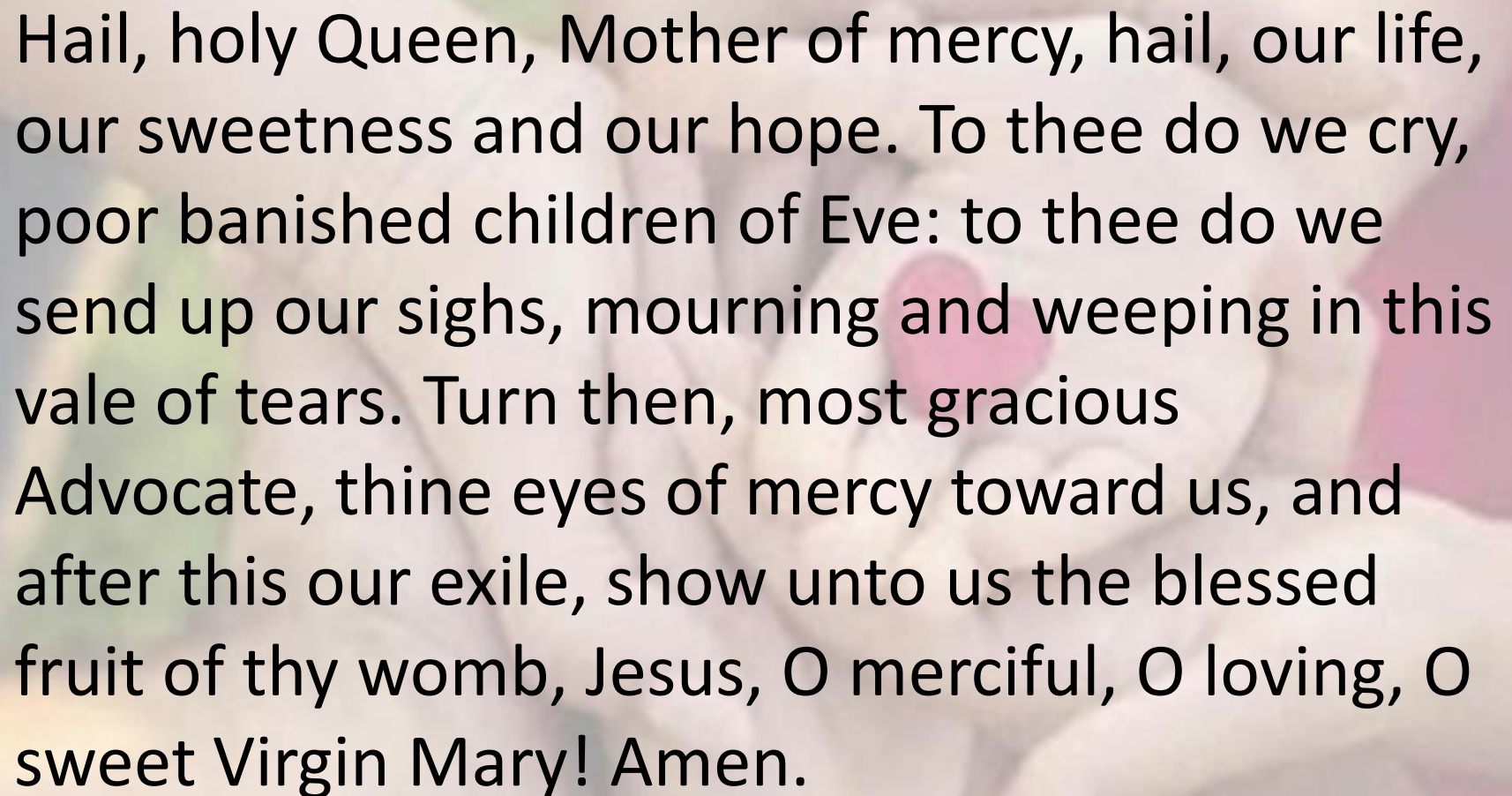
I believe in the Holy Spirit, the Lord, the giver of life, who proceeds from the Father and the Son,

who with the Father and the Son is adored and glorified, who has spoken through the prophets.

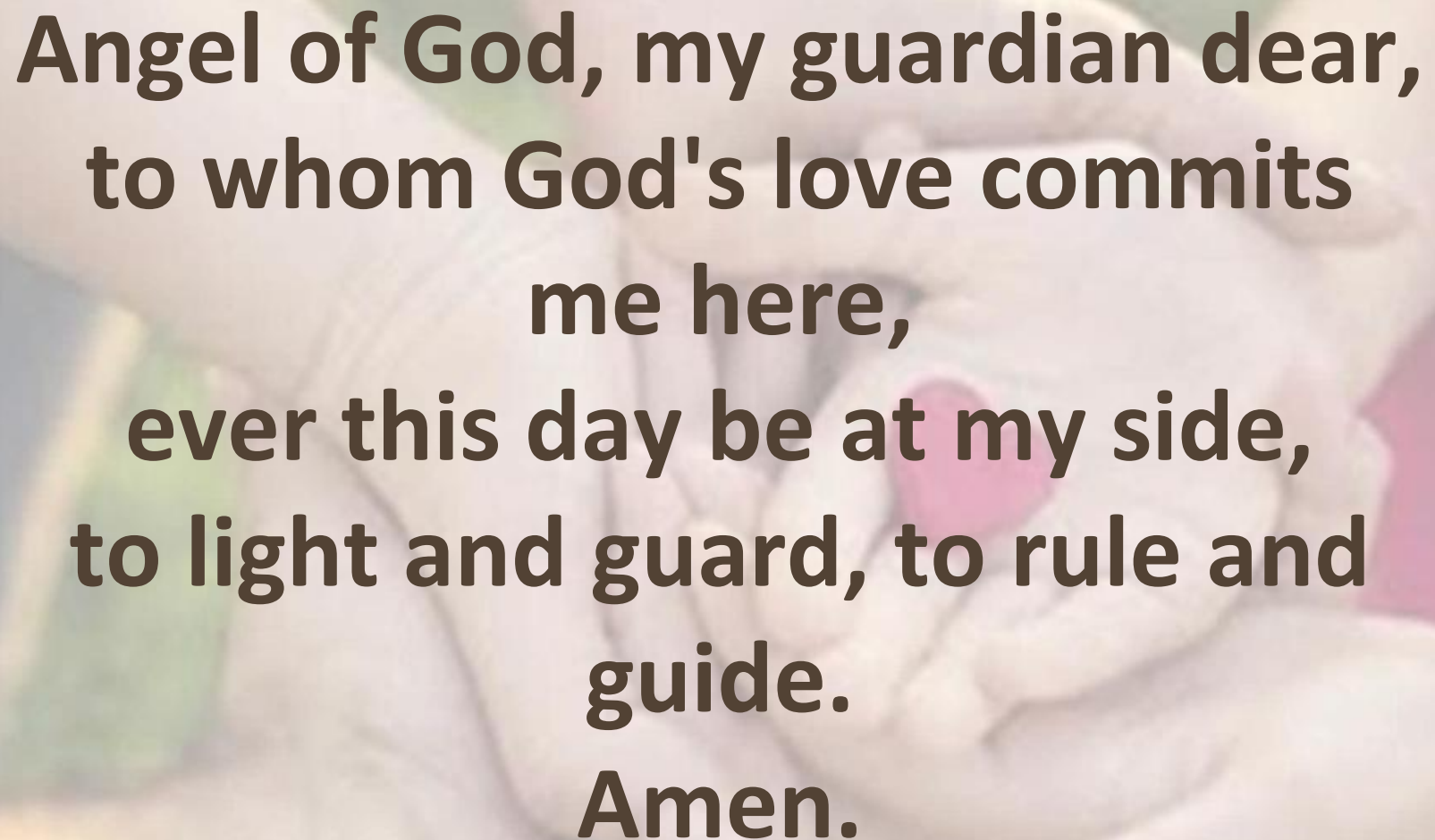
I believe in one, holy, Catholic and Apostolic Church.

I confess one Baptism for the forgiveness of sins and I look forward to the resurrection of the dead

and the life of the world to come. Amen.

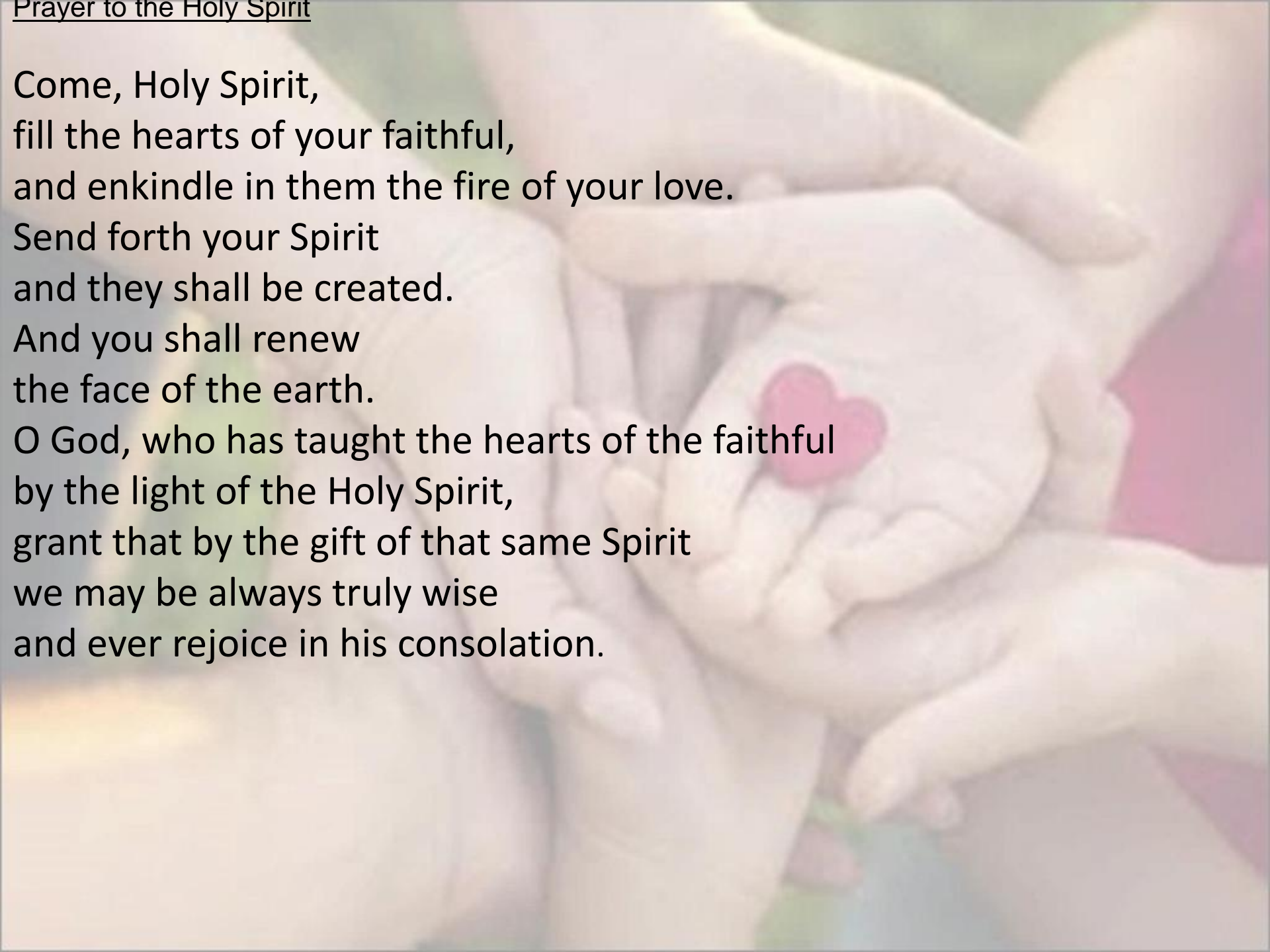


Hail, holy Queen, Mother of mercy, hail, our life, our sweetness and our hope. To thee do we cry, poor banished children of Eve: to thee do we send up our sighs, mourning and weeping in this vale of tears. Turn then, most gracious Advocate, thine eyes of mercy toward us, and after this our exile, show unto us the blessed fruit of thy womb, Jesus, O merciful, O loving, O sweet Virgin Mary! Amen.


A group of hands of various skin tones are shown holding a small, light pink heart in the center. The hands are positioned around the heart, with some fingers gently touching it. The background is a soft, out-of-focus mix of colors, including shades of green, blue, and purple, suggesting a diverse group of people. The overall mood is one of unity and care.

**Angel of God, my guardian dear,
to whom God's love commits
me here,
ever this day be at my side,
to light and guard, to rule and
guide.
Amen.**

Prayer to the Holy Spirit



Come, Holy Spirit,
fill the hearts of your faithful,
and enkindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you shall renew
the face of the earth.
O God, who has taught the hearts of the faithful
by the light of the Holy Spirit,
grant that by the gift of that same Spirit
we may be always truly wise
and ever rejoice in his consolation.



Eternal rest
Grant unto them, O Lord,
And let perpetual light shine upon them.
May they rest in peace.
Amen

