Spring Block 2 Mass and capacity



Teacher guidance



Key books

- Who Sank the Boat? by Pamela Allen
- Balancing Act by Ellen Stoll Walsh
- A Beach for Albert by Eleanor May

Key resources



Top tips

- Providing different kinds of balance scales can support children to explore mass in their play and investigate objects in different ways.
- Enhancements to provision involving mass, such as a post office or bakery, can support the learning in this block.
- Taking learning outdoors encourages children to make their own balancing materials. Use equipment such as guttering to help children to actively explore finding a balance or not finding a balance in different contexts.
- Explore capacity of spaces using children as the non-standard unit: how many can fit in a hoop, on the carpet, or in the sandpit?



Small steps



Step 1	Compare mass
Step 2	Find a balance
Step 3	Explore capacity
Step 4	Compare capacity