

What will you choose to do?

- Listen and hum along to the theme tune from your favourite superhero TV programme. Can you remember all the words?
- Use information books and the web to find out about Guinness World Record holders and their superhuman achievements.
- Make a flipbook showing the adventures of a superhero stick person!
- Plan or make a lunchbox fit for a superhero.
- Make up a song or rhyme about a superhero. You could sing about their strengths and skills and promote their vision for world peace and harmony.
- Make a model of a superhero. You could use modelling dough, cardboard boxes and tubes, scraps of material or papier mâché.
- Interview someone who works for the emergency services about their job.
- Who is your hero? Bring a picture of them to school and explain to your classmates why you chose them.
- Read a newspaper with a parent or watch the news and see if you can spot any stories about people doing heroic things.
- If you could have a super power, what would it be? Would you be able to fly? Become invisible? See through buildings? Write about some of the adventures you might have.
- Design (on paper or using a computer) a poster featuring a new superhero such as Anti-Litterman and convey their important message.
- Make a table of traits or characteristics comparing a villain with a good guy.
- Take pictures of yourself being a 'superkid' at home. Maybe you tidied your room or helped wash the dishes? Bring your pictures to school to explain to your classmates what you did and how it helped your family.

