



# St Catherine's RC Primary School

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PE Curriculum Map  
Reviewed July 2023

	WHO?	AUTUMN TERM		SPRING TERM		SUMMER TERM	
<b>EYFS</b>	<b>CT</b>	Gymnastics – Getting Moving		Dance: Nursery Rhymes		Gymnastics: High, low, over, under	
	<b>PE Specialist</b>		Locomotion: Walking	Locomotion: Jumping	Ball Skills: Hands 1	Ball Skills: Feet	Ball Skills: Hands 2
<b>Year 1</b>	<b>CT</b>	Gymnastics: Body Parts	Dance	Dance	Ball Skills: Hands 2	Ball Skills: Feet	Gymnastics: Points and Patches
	<b>PE Specialist</b>	Health and Wellbeing	Locomotion: Running	Ball Skills: Hands 1	Gymnastics: Wide, narrow and curled	Locomotion: Jumping	Rackets, Bats & Balls
<b>Year 2</b>	<b>CT</b>	Dance	Ball Skills: Hands 1	Gymnastics: Spinning, Turning and Twisting	Dance	Locomotion: Dodging	Ball Skills: Hands 2
	<b>PE Specialist</b>	Health and Wellbeing	Gymnastics: Pathways	Locomotion: Jumping	Ball Skills: Feet	Gymnastics: Linking	Rackets, Bats & Balls
<b>Year 3</b>	<b>CT</b>	Games: Net/Wall (Tennis)	Games: Invasion (Tag Rugby)	Gymnastics: Symmetry and Asymmetry	Dance	Swimming	Swimming
	<b>PE Specialist</b>	Dance	Athletics: Throwing/Jumping	Games: Invasion (Netball)	Games: Invasion (Hockey)	Games: Striking & Fielding (Cricket)	OAA: Orienteering
<b>Year 4</b>	<b>CT</b>	Swimming	Swimming	Dance	Gymnastics: Bridges	Games: Striking and Fielding (Cricket)	Games: Net/Wall (Tennis)
	<b>PE Specialist</b>	OAA: Problem Solving	Games: Invasion (Hockey)	Gymnastics: Rolling	Games: Invasion (Tag Rugby)	Athletics	Dance
<b>Year 5</b>	<b>CT</b>	Gymnastics: Counter Balance	OAA: Orienteering	Games: Invasion (Netball)	Games: Invasion (Hockey)	Athletics: Competitions	Games: Invasion (Tag Rugby)
	<b>PE Specialist</b>	Health Related Exercise	Dance	Games: Net/Wall (Tennis)	OAA: Communication & Tactics	Games: Striking and Fielding: (Cricket)	Dance
<b>Year 6</b>	<b>CT</b>	Gymnastics: Matching and Mirroring	Dance	Games: Invasion (Netball)	Athletics: Running	Games: Net/Wall Tennis	Games: Striking and Fielding: (Cricket)
	<b>PE Specialist</b>	Health Related Exercise	Games: Invasion (Tag Rugby)	Dance	Games: Invasion (Hockey)	OAA: Problem Solving	Gymnastics Synchronisation and Canon (Music)