

Gather/ Sing/ Pray Light candle and sing/ listen to 'Be Still for the Presence of the Lord'

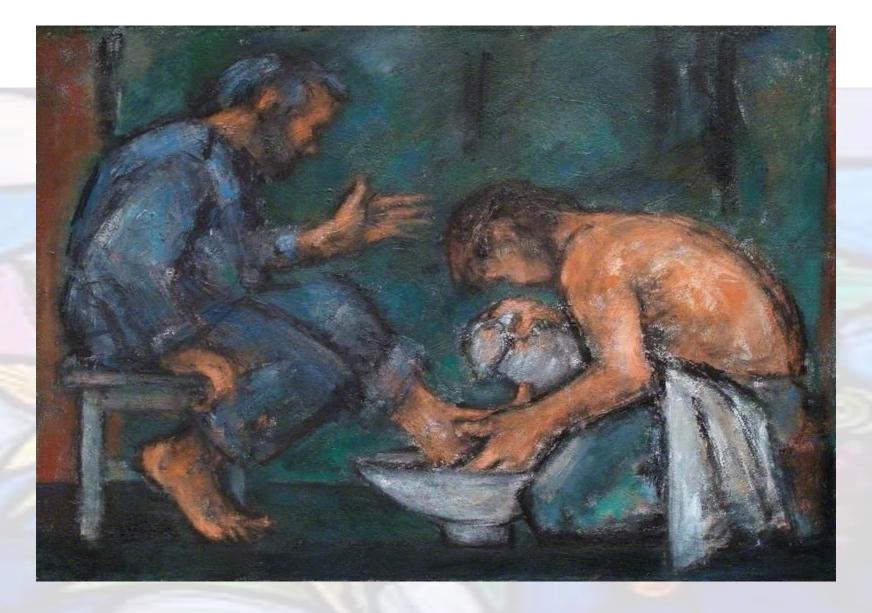
In the name of the Father...

https://www.youtube.com/watch?v=ZugvUQ4m90U&list=RDZugvUQ4m90U&start_radio=1&t=13

Pray together Westminster Prayer

Jesus, you are truly present in the most holy Eucharist. Help me feel your presence every time I visit you. Give me your strength when I receive you in Holy Communion. And, receiving your love, help me take that love to others. I ask this in your name.

Amen



Do this in memory of me

Listen to Scripture

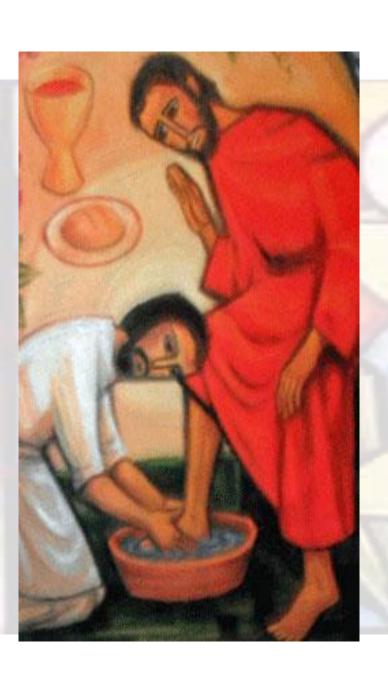
A Reading from the holy Gospel according to John 13: 12-17

Response: Glory to you, O Lord

¹² When he had finished washing their feet, he put on his clothes and returned to his place. "Do you understand what I have done for you?" he asked them. ¹³ "You call me 'Teacher' and 'Lord,' and rightly so, for that is what I am. ¹⁴ Now that I, your Lord and Teacher, have washed your feet, you also should wash one another's feet. ¹⁵ I have set you an example that you should do as I have done for you. ¹⁶ Very truly I tell you, no servant is greater than his master, nor is a messenger greater than the one who sent him. ¹⁷ Now that you know these things, you will be blessed if you do them.

The Gospel of the Lord





What is happening in the picture?

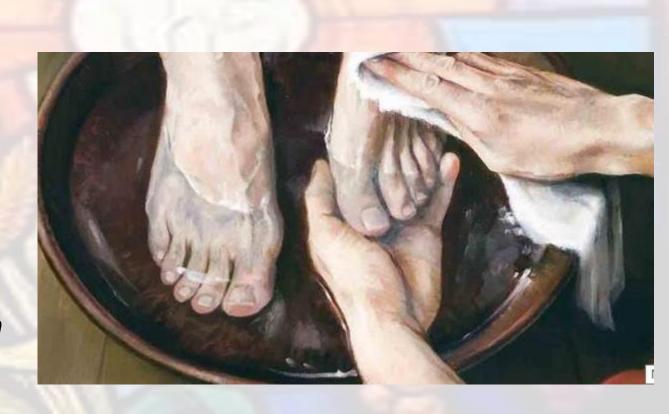
Why is it important?

How does it make you feel?

RESPONSE: Look carefully at this picture

How can you 'wash one another's feet'?

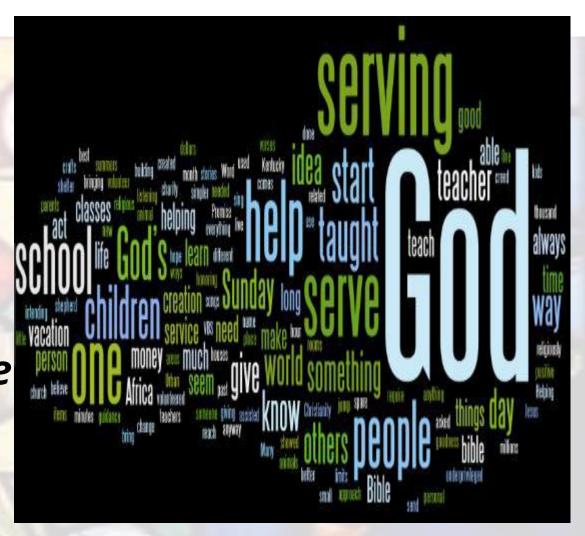
How is this relevant to each member of our community today?



RESPONSE

Why should we serve others?

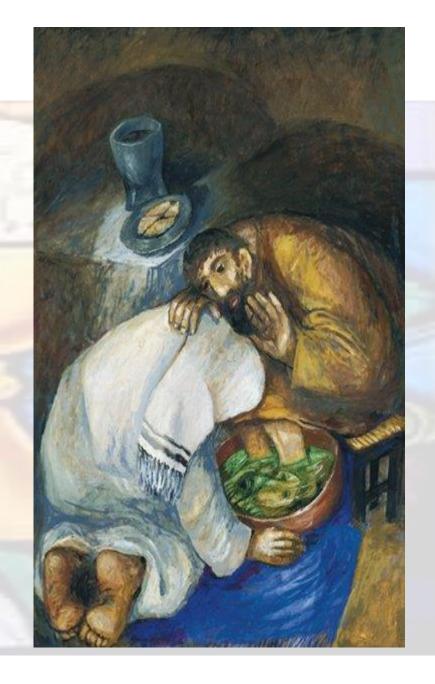
Think about what you know about Jesus/the Bible/holy people of God.



RESPONSE

How can you be an image of Christ on earth?

How can he work through you today?





Caritas helps to educate schools on how to serve others, work for justice and build a better world.

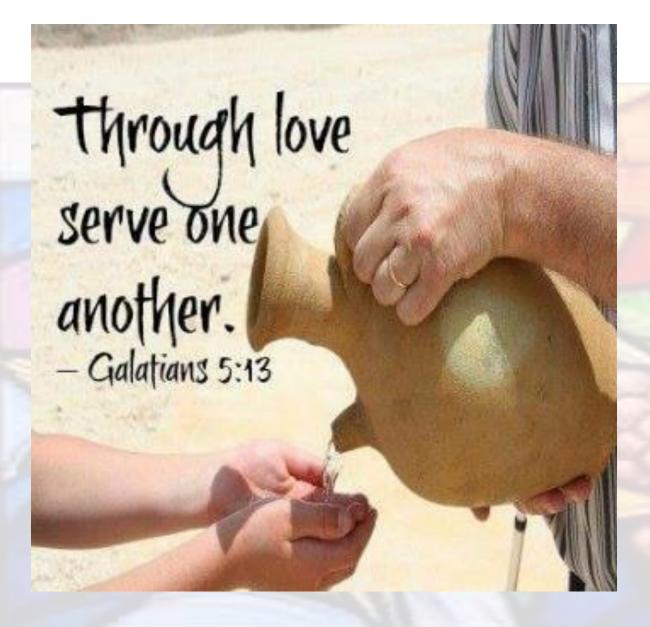




For World Day of the Poor, children worked together to fill backpacks.

These were then sent to children the same age as them in Africa.

The backpacks contained supplies to help them go to school and let them know that children in the UK care about them.



OUR MISSION

'Serve' someone in your school, parish or community this week.

Remember to do it with a loving heart.



Let Us Pray

Christ has no body now but ours,

No hands but ours, no feet but ours.

Ours are the eyes through which is to shine out Christ's compassion on the world.

Ours are the feet through which he is to do about doing good.

Ours are the hands with which he is to bless all people NOW. Amen.

(Prayer of St Teresa of Avila)

Cathedral links Did you know:

- •A number cardinals as well as one saint(St John Southworth) are buried in the Cathedral.
- •You can see the cardinals' hats which hang over the tombs until they fall. All the cardinals have hats over their tombs apart from Cardinal Cormac Murphy O' Connor.
- Cardinal Basil Hume is buried here. He devoted his life to the service of God and others.
- •He set up the Cardinal Hume Centre alongside the Passage, another large charity in Westminster, which helps to bring Christ to the homeless and less fortunate.

