

Adoremus Spring Term 2 Week 2

**Almsgiving, Prayer & Fasting:
Matthew 6:1-6, 16-18**

TEACHER SLIDE: GO THROUGH FORMAT OF COLLECTIVE WORSHIP THIS TERM

Before the Meditation

- Read the appropriate passage from Scripture to yourself, imagining yourself in the story.
- Play quiet music, loud enough to be heard, but quiet enough that it doesn't drown your voice out. If needs be, alter the volume during the meditation.
- Get the children to close their eyes and get into a comfortable position and listen to the music.

Meditation

- Talk very slowly and gently.
- Listen to the music and let it guide the rhythm of your meditation.

To End

- Slowly lower the volume of the music until it is muted.
- Pause for some silence.
- Thank the class for participating. And for those who led part of the collective worship.

In the name of the Father....

Read together / teacher led

Prayer: Lord our God,
We thank you for giving us the gift of prayer
so that we can talk to You at any time
and know that You will always listen to us.
to live amongst us to show us how to live.
Help us to listen to Jesus
in the sacrament of the Eucharist
and give us the kindness to walk
in charity and humility with others.
We ask this through Christ our Lord. Amen

Listen

Part 1

As you walk along a busy street, you pass by people who need help. Jesus always stops to offer them His help.

With some He shares His food, with others He greets and hugs, and others He heals.

Whoever it is, no matter who they are, Jesus loves to help them, to show them how much He loves them.

Finally, you reach the park and as your sitting on a bench, looking at the ducks on the pond you say to Jesus, "Everyone loves You; You help so many people."

And Jesus looks at you and replies, "I do it because I love them. You must be careful when helping others that pride doesn't spoil your good actions.

Don't help others to make yourself look good. The best kind of help, is the help that others don't know about.

Your Father in heaven sees it and will reward you. But if it is seen and people say, 'Look how good you are!' you have already received your reward.

The same when you pray. Don't pray to make yourself look holy and good.

Pray in secret and your Father in heaven who sees you will reward you.

And also when you fast, when you give things up to help others.

If you do it in order to look good, your Father in heaven won't reward you. It's better if nobody else knows. God your Father can see it and He loves it and will reward you.

If you love people, you will help them not to look good but simply to help them. If you love God, you will do what He asks not to look good but just because He asks you to.

I you love Me, you will do what I ask, simply because you love Me. And the only thing that I ask is that you love others, the same way that I love you, and I love you very, vey much."

A Reading from the Holy Gospel according to Matthew

Glory to you Lord

Teacher or Child Led:

Matthew 6:1-18⁹ “This, then, is how you should pray:

““Our Father in heaven, hallowed be your name, ¹⁰ your kingdom come, your will be done, on earth as it is in heaven. ¹¹ Give us today our daily bread. ¹² And forgive us our debts, as we also have forgiven our debtors.

¹³ And lead us not into temptation, but deliver us from the evil one’

¹⁴ For if you forgive other people when they sin against you, your heavenly Father will also forgive you. ¹⁵ But if you do not forgive others their sins, your Father will not forgive your sins.

¹⁶ “ But when you fast, put oil on your head and wash your face, ¹⁸ so that it will not be obvious to others that you are fasting, but only to your Father, who is unseen; and your Father, who sees what is done in secret, will reward you.”

The Word of the Lord

Respond in silent reflection:

What would you like to say to Jesus?

What do you think he would like to say to you?

Listen to this beautiful song and reflect on the love Jesus has for us.



'You Have Called Us' By Bernadette Farrell.mp4