

School Travel Plan

Information and updates on how St Catherine's is promoting greener travel to and from school

Bikeability

In the Autumn term, 30 pupils in Year 3 completed the Level 1 Bikeability training and 24 pupils in Year 5 completed Level 1 & 2 Bikeability training.

Bikeability Level 1 is delivered in a traffic-free environment, where you learn basic bike handling skills and improve your riding confidence.

Bikeability Level 2 is delivered on quiet residential streets close to your home, school or place of work. You learn how to cycle confidently on-road, amongst real traffic.

Toby, 55Y: Bikeability was an amazing experience. I learnt an uncountable amount of things like: you must look behind you when you start your journey; new lane, new look; and if you go past a car you should be a width off a door.

Sierra, 55Y: I liked Bikeability because they explained what to do. They also tested what we did before we went on the road so I felt safe when I was out there.

Competition

What do you see on your way to school? Could you take a photo or draw and image of something you have seen on your journey? It needs to meet the cold weather theme for this term. Either email your photo to school, or hand in your picture to the School office, with the child's full name, class and title of the image (e.g. an address or location of where the image is). The best images from each year group will be put on display and win a prize.



*Ms Groom,
Year 3
'Frost on
the grass
on Barnet
Hill'.*

JTAs joined the School Council meetings this term to discuss travel safety. Lots of ideas were shared!

Notes & Useful Websites

<https://www.britishcycling.org.uk/cycletraining/article/20140508-cycletraining-Bikeability---the-three-levels-0>

<https://www.cycleconfident.com/>

<https://tfl.gov.uk/info-for/schools-and-young-people/teaching-resources/junior-travel-ambassadors>

<https://stars.tfl.gov.uk/explore/idea/details/26>

"I like being a JTA, not only to make people healthy but to inform them too."
Sahvannah

"I am a JTA to help improve my confidence."
Keelan

"I am a JTA to stop people being unhealthy."
Jack



Junior Travel Ambassadors

We would like to introduce you to our new JTAs: Aiden, Keelan, Rose, Lucy, Sahvannah & Jack from Year 5. A JTA is responsible for promoting active travel, walking, cycling or scooting, and road safety. They have many exciting ideas to help promote active travel.

"I like being a JTA so I can help people and reduce pollution."
Rose

"I like being a JTA because I like encouraging people to make the healthy choice."
Lucy

"I am a JTA to help our environment so we don't inhale dangerous gases."
Aiden.

Car Count

A car count was carried out on 18th December. The traffic was observed in 5 minute slots. It was found that 99 cars travel and/or stop by the school from 8.30-8.55am. The busiest time was 8.45-8.50am We hope that when we carry out another count next term we find that there are fewer cars!

Watch out for information about active travel on our display screen in the entrance!

Upcoming projects

Twitter launch

Story/poetry competition

Photo competition

Travel Survey

Air Pollution investigation

Be Bright Be Seen design competition

Did you know...

Between the hours of 8.30am and 9am, one in every five cars on the road is making a school journey. Imagine what the roads would look like if we could lower that number! By promoting active travel, you can help encourage more people to walk and cycle to school. Here are some choices you can make:

Walking

Walking to school is fun! It gives you a chance to meet up with your friends, spend time with your family and get some exercise. You can walk whatever the weather - enjoy the sunshine or splash in the puddles when it rains - don't forget to wrap up warm now it's cold outside!

Park and walk/Park and stride

This is a great option for people that live a long distance from their school. Car drivers should find a safe place to park at least a five minute walk from the school. This reduces the number of cars around the school site, and gives people the chance to get some exercise.

If you have any suggestions to improve travel safety or projects that we can run to increase active travel, please let us know!

School Travel Plan

Our School Travel Plan promotes sustainable ways for the whole school community to travel to and from school. We are part of the TfL Stars scheme. TfL's STARS accreditation scheme inspires young Londoners to think differently about travel and its impact on their health, wellbeing and the environment. We currently have a Gold Accreditation and are working towards maintaining this.