# St Catherine's Class PE Days
# Autumn 1st Half Term 2026 - 2027

| Class | Day | Unit |
|---|---|---|
| Reception | Monday<br>Thursday | Locomotion (Walking)<br>Gymnastics (Indoors) |
| Year 1 | Monday<br>Tuesday | Gymnastics (Indoors)<br>Health and Wellbeing (Outdoors) |
| Year 2 | Tuesday<br>Thursday | Dance (Indoors)<br>Health and Wellbeing (Outdoors) |
| Year 3 | Monday<br>Wednesday | Games: Tennis (Outdoors)<br>Dance (Indoors) |
| Year 4 | Monday<br>Tuesday | Swimming<br>Outdoor Adventurous Activity |
| Year 5 | Wednesday<br>Thursday | Gymnastics (Indoors)<br>Health Related Exercise (Outdoors) |
| Year 6 | Wednesday<br>Thursday | Health Related Exercise (Outdoors)<br>Gymnastics (Indoors) |

## PE Kit Expectations:

**Indoor**

Your child is expected to wear navy school shorts (not cycling shorts) with their allocated house colour T-shirt and will take part in lessons barefoot. **N.B. If your child has a verruca they will still be expected to take part in PE lessons, we ask that they cover their verruca with a plaster.**

It is important to understand that your child will NOT be allowed to use the apparatus, if they do not wear the correct PE kit (stated above), which can be distressing for some children.

**Outdoor**

In line with our uniform policy, your child is expected to wear their PE school shorts (not cycling shorts) to school as their PE kit when our Summer Uniform policy is in place. During periods when the children are wearing their winter uniform they may choose to keep their shorts in their school bag, on their pegs or wear them under their tracksuit bottoms.

*In upper KS2:* If your child feels that it is necessary, they can bring in a roll-on deodorant to apply before and after their PE lessons.

*Year 6:* Your child can bring a spare T-Shirt/Polo Shirt to change into if they wish for hygiene reasons.

Reception: Children need to bring their PE kit in their bag ready to change into before their PE lesson.