

St Catherine's School PTA

MOTHER'S DAY PAMPER EVENING



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Hello All,

Below are a few details of the fabulous therapists who will be available during the forthcoming Mother's Day Pamper Evening on Friday 24th March. The event will run from 7.30-10.30pm.

There may be spare slots available on the night but we strongly advise that you book in advance to avoid disappointment.

You can book on-line by clicking on the link [HERE](#) and then adding your details to the Google Doc. The document is updated automatically so all you need to do is add the details requested for the time that suits you. However, once you have chosen your time that slot will become locked and uneditable. If you have any problems please email the PTA ptastcatherinesschool@gmail.com

Please pay for your treatment on the night with your therapist. All the therapists have paid to be at the Pamper Evening so please do support this event and spread the word! We would, of course, welcome anyone from outside of the school - so please do invite your friends & family to come along.

Tickets are just a suggested donation of £5 on the door which includes a glass of bubbles on arrival and we will have bar snacks available throughout the evening.

And don't forget we will also be joined by the wonderful Stella & Dot (jewellery and gifts), Arbonne (health and beauty products) and Bella Boutique (beauty products).

We look forward to seeing you on 24th March

Available Treatments

Chair Massage / 20 minute treatment for £10

Relax in the padded massage chair while you enjoy this therapeutic treatment, applied over clothes, in order to alleviate tension in the head, neck, shoulders, arms and hands.

Reflexology / 20 minute treatment for £10

Reflexology is a traditional therapy helping to rebalance the mind and body by working on reflex points on your feet. It can be relaxing or stimulating -give yourself the chance to put your feet up for 20 mins and enjoy the experience.

Nutritional Therapy / 20 minute treatment for £10

Nutritional therapy uses nutrition and lifestyle interventions to alleviate any symptoms or conditions. It can benefit anyone seeking to optimise their health and vitality.

Beauty Treatments / 15 minute treatment for £10

We have several beauticians offering a variety of treatments. Treat yourself to a manicure/pedicure, a mini scalp massage or even a mini hand and arm massage. Take your pick and above all else remember to INDULGE!

Hand Treatments / 15 minute treatment for £10

Master class hand treatments including peeling, salt and cream and using a cocktail of herbs and natural ingredients sourced from Chinese recipes.

Hair Treatments / 30 minute treatment for £12

Treat yourself to a blow-dry and re-style for the weekend. It's Mothering Sunday weekend so relax, enjoy and above all else - be pampered!

[BOOK HERE](#)

Friday 24th March

7.30-10.30pm

Tickets

Suggested donation of

£5

Includes one complimentary drink